

SAVE US! HELP US!

August 9, 2020 Psalm 60, A psalm of lament

“To lament is to express deep sorrow, grief, or regret.” Psalm 60 is a lament of King David to be used for teaching the nation. The setting was a military defeat (see 2 Samuel 8:1-14) not mentioned in the Bible. **If our church were to write a lament, what would it say? What can we do?**

1. Cry out to God! I Peter 5:7

- Why? Because “human help is worthless (vain, useless, empty).” 60:11
- Because “with God we will gain the victory...” 60:12
- “You have rejected (abandoned) us, broken our defenses (ESV).” 60:1
- “You have been angry...” with us. 60:1 That’s why we were defeated.
- “You have shaken the land...” like an earthquake. 60:2
- “You have shown your people desperate times...” 60:3 Like a drunk...
- When in doubt say to God Almighty...

2. Save us! Help us!

- “Restore us.” 60:1
- “Mend” or repair us. 60:2 Are you broken?
- “You have raised a banner” for us! 60:4 Jehovah Nissi!
- Deliver us, your beloved! 60:5
- Listen to the Warrior King, God Almighty speak to us truth! 60:6-9 God is Sovereign over the nations!
- God’s trash talk in 60:8-9. Not even Petra can withstand our God!
- “With God we will gain the victory!” 60:12