

## **SOW IN TEARS**

August 30, 2020 Psalm 126

Can you imagine a few years from now, the stories we will tell about 2020? Psalm 126 starts with a story to tell. Psalm 126 is the basis for the hymn “Bringing in the Sheaves.” Psalm 126 is a Psalm of lament and a psalm of ascent.

### **1. Praise God (Yahweh) for what He did – Psalm 126:1-3**

- The Lord brought back the captives starting in 538 B.C. from Babylon.
- They had sown in tears. They had reaped in joy. See 126:5.
- Freedom from exile. God made us to be free. Galatians 5:1
- Free from sin. Free from fear (2 Tim. 1:7). Free from worry. Phil. 4:6-7
- It was a dream come true: coming home. The results of coming home?
- There was laughter and joy. 126:2
- Even unbelievers said, “The Lord has done great things for them.” God was honored.
- Telling your God story can help encourage you for your present problems.

### **2. Pray desperately for restoration with tears**

- Pray fervently no matter what the crisis you are going through (our church, city, & nation).
- Do you believe God hears your fervent cries? James 5:16
- Pray with tears (sow with tears). Think of a mother’s tears.
- What we want to see is restoration, healing, wholeness and salvation. It will be like streams in the Negev: life giving.
- Sow with tears and reap with joy. God never wastes a tear.
- Praise God for the harvest: bringing in the sheaves.