

## OVERCOMING WORRY

October 25, 2020 Matthew 6:25-34

**What do you worry about? Jesus asked, “Why do you worry?” Jesus told us not to worry because...**

### **1. Worry is faithless**

- “Therefore do not worry about your life...” 6:25 Because? Think back to what Jesus said in Matthew 6:19-24.
- To worry is faithless. Romans 14:23 Everything that is not of faith is sin.
- When we worry we are not trusting our Father. “You of little faith.” 6:30

### **2. Worry is Godless**

- When we worry we take God out of the picture.
- Jehovah Jireh, “The God who provides.” Abraham & Isaac in Genesis 22:14
- Does God provide for the birds? The flowers? “Are you not more valuable (or precious)...?”
- Are you not telling God, “I don’t really think you love me?”

### **3. Worry is Pointless**

- What good does it do to worry? Will it change anything? 6:27
- So many things we worry about never happen. Amen?
- What does God promise? Matthew 6:31-33

### **4. Worry is Useless**

- You can only live in the present. You can’t change the past. You can’t live in the future.
- “Therefore do not worry about tomorrow...” 6:34
- “Each day has enough trouble of its own.” 6:34 Like the saying, “Fragile: Handle with Prayer.”